

Spending Reflections: Introspection for Financial Wellness

Instructions: Respond to the prompts below for greater insight into your spending habits and goals.

Check the categories you most often spend too much money:

- Clothing
- Cosmetics / Personal Grooming
- Electronics
- Restaurants
- Hobbies / Collecting
- Other: _____

List three goals you have for your family's financial future:

1. _____
2. _____
3. _____

What is one good spending decision you recently made?

Write down one word to describe how you feel about your current financial status.

You are a boss.

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